

## Parkway South High School

### Winter, 2020-2021 Athletic Contest Guidelines

(11/18/20 per STLCO Health Department "Safe at Home" Guidelines)

#### BASKETBALL

- Locker rooms will not be available. Teams should come dressed, bring their own water bottles for each individual and be prepared to be masked the entire time.
- For halftime meetings:
  - Gym A: Teams may use stairwells off of the main gym or another designated spot.
  - GYM C: Teams may use the area behind benches (others in the gym may sit on the opposite side only).
- Teams should not show up for contests more than 30 minutes prior to first game start time.
- Per St Louis County Health Department Guidelines, there are **NO SPECTATORS** allowed until further notice.
- Teams are asked to depart the facility upon completion of their game unless they are part of the travel party of the next team playing.
- Visiting teams are asked to NOT bring cheerleaders to allow Parkway South cheer squad to occupy both ends of gyms (social-distancing). Out of courtesy, we will not have our cheer squads travel to road games this year to allow our opposition to do the same at their gyms.
- In both gyms, seating will be available on opposite ends for different levels of current teams playing opposite of their team's bench (bleachers will be marked for distancing. All persons in bleachers are to be distanced and masked properly at all times---failure to comply may result in being asked to leave campus).
- In the main gym, the bleachers behind the benches are to be used for additional team seating and school staff.
- Changing health regulations may change our ability to host fans in the future.
- ALL PARTICIPANTS MUST WEAR FACE COVERING-BOTH WHILE PLAYING OR SITTING ON THE BENCH WAITING TO ENTER THE CONTEST.

#### WRESTLING

- Locker rooms will not be available other than for weigh-ins. Teams should come dressed, bring their own water bottles for each individual and be prepared to be masked the entire time).
- Per St Louis County Health Department Guidelines, there are NO SPECTATORS allowed until further notice.
- Teams and travel parties are asked to depart the facility upon completion of their dual unless they are part of the travel party of the team playing.
- Bleachers will be marked for distancing for all persons seated in them. All are to be distanced and masked at all times.
- Changing health regulations may change our ability to host fans.
- ALL PARTICIPANTS MUST WEAR FACE COVERING-BOTH WHILE PLAYING OR SITTING ON THE BENCH WAITING TO ENTER THE CONTEST.

#### GIRLS SWIM

- Locker rooms will not be available except for restroom use. Teams should come dressed, bring their own water bottles for each individual and be prepared to be masked the entire time (unless participating in racing).
- Teams should not show up for contests more than 30 minutes prior to first game start time.
- Due to capacity and the need to socially-distance team members AND due to St Louis County Health guidelines, NO spectators are allowed at home matches. This will not change during the season due to seating capacity and need to place participants in bleachers for social-distancing.
- ALL PARTICIPANTS MUST WEAR FACE COVERING UNTIL JUST PRIOR TO ENTERING THE POOL AS A PARTICIPANT. IMMEDIATELY UPON LEAVING THE POOL, FACE COVERING MUST BE PUT BACK ON.